

Worship Events in February

St Mary's, Newton Flotman

- Feb 4th 11:00 Morning Worship - Lesley Cox
- Feb 18th 11:00 Morning Worship - Lesley Cox
- Feb 25th 11:00 Holy Communion - Austin Uzoigwe

St Peter's, Swainsthorpe

- Feb 11th 9:30 Swainsthorpe Special - Dawn Davidson
- Feb 18th 9:30 Swainsthorpe Special - Lesley Cox
- Feb 25th 9:30 Holy Communion - Austin Uzoigwe

Partnership

The Community Magazine

for the Parishes of

Newton Flotman & Swainsthorpe

February 2024



CHERRY TREE CAFÉ
NEWTON FLOTMAN VILLAGE CENTRE

FANCY A COFFEE OR A CUPPA?

WEDNESDAYS

CHERRY TREE CAFÉ

9-12 NEWTON FLOTMAN

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Saturday Village Café
Church Room 10-12

Come and join us in Newton Flotman for

home made bakes &

a cup of something hot.

Everybody welcome!



We are very grateful for the financial support associated with the printing costs of this Parish Magazine provided by: **St Mary's Church, Newton Flotman Parish Council, Newton Flotman Village Centre and our advertisers.** Without this support, this magazine could not be distributed free of charge to every household in our villages.

27 January

TABLE TOP Sale

TABLES £5

Newton Flotman Village Hall
Saturday 27th January
10-12pm

Breakfast available from
The Brunch Bar On Tour

Contact Pam to Book a Table 07910873984

Tuesday 13th February

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Newton Flotman Village Centre



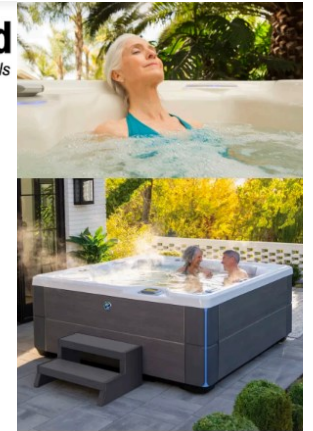
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Village Saturday Café

Church Room 10-12

Easter Prize

BINGO

Friday 15th March

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Food from The Brunch Bar

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JOIN US FOR OUR

Easter Craft fair

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Team Vicar's Page

As I write this, the second week of this year has flown by. Many times, I have heard people saying that 'time flies'. I know it's partly an age thing, but time really does fly!

Maybe it's because many of our New Year's resolutions actually accelerate our pace of life instead of helping us to slow down. In the quest for greater productivity and efficiency, we over-fill our days, then rush through meals, drive impatiently, and wonder why the joy of living eludes us.

Slowing down can positively affect our lives at work and at home. Rushing can cloud our judgment and cause us to overlook important things and valuable people.

So here we are, in this year and thinking about how to live it and wondering what the future holds. For some, this year brings excitement at the prospect of new opportunities and for others it brings anxiety in the face of difficulties and uncertainties.

The truth is, that for all of us, this year is uncertain personally, nationally, and internationally. Whether it's politics, climate, finance, relationships, health etc., we can't control the future. And while all this may sound a bit depressing, there is an antidote!

The Bible, which itself has remained unchanged, tells us, "I am the Lord, I change not." Then we read "Jesus Christ, the same yesterday, today and forever." Jesus can replace our uncertainties with His certainty. Jesus brings real, personal peace, which is lasting and real hope in our uncertain world. God promises to be our light in the darkness offering us tangible help and everlasting hope in Jesus.

With every blessing,
Rev'd Austin Uzoigwe

Church Room for Hire Newton Flotman

The Church room at St Mary's in Newton Flotman is available for hire at £7 per hour. It is suitable for meetings and small birthday parties. It has kitchen facilities and disabled access. Please call Caroline Wolfe on 01508 471238 for availability. You can also check availability by looking at the public calendar on Google Mail. :
uv6.com_cl4d7i04arlc1dtsc4ctl3rh74@group.calendar.google.com

St Peter's Church Community Centre

Swainsthorpe Community Centre is situated within St. Peter's Church on Church Road in Swainsthorpe. The centre is available for hire on a one off or regular basis at £7 per hour. There is a well-equipped kitchen area with cutlery, crockery and glasses to serve 40 people. The entrance and toilet have wheelchair access.
For enquiries please contact: Jackie Baker 01508 470415

Church Contact Details

For home visits, Communion at home, or to enquire about Christian faith, please contact:

Rev'd Dawn Davidson (Team Rector),

dawndavidson@btinternet.com tel: 498924 The Rectory, The Street, Saxlingham Nethergate, NR15 1AJ

Rev'd Austin Uzoigwe (Team Vicar)

revaustinuzoigwe@aol.com Tel: 01508 470901 The New Rectory, Church Hill, Tasburgh, Norwich, NR15 1NB

Lesley Cox (Reader) tel: 471334

Church Buildings and Church yards

On matters to do with the church buildings or churchyards, please contact one of the church wardens:

Kirsten Remer 01508 471580 St Mary's Newton Flotman

Susan Peters Corbett 01508 470539 - St Peter's Swainsthorpe

To donate to St Peter's Church, Swainsthorpe, contact the treasurer **Andy Haggith** - 01508 470921

How to donate: Newton Flotman Parish Church Council sort code 20-62-53 a/c 70651028 it is classed as a business account. Please reference it 'Fabric'.

To give regularly, why not become a *Friend of St Mary's?* - contact Kirsten Remer - 01508 471580 **kirstenremer@gmail.com**

To contribute to the running costs of the church and provision of clergy please go to **DofN.org/donate** to donate to our Parish Share. If you wish to leave a legacy please visit for further details

www.churchofengland.org/our-faith/church-legacy Thank you!



ST MARY'S CHURCH
Newton Flotman

It was lovely to welcome so many to the events held by the church over the Christmas period. Carols on the Green was well supported, there was a lovely atmosphere at Christmas Space

and a throng in the candlelight around the manger at the crib and carol service. Thank you to all who prepared the church and provided music and refreshments.

We said goodbye to Coryn, our curate, at the end November and are forging more links with the Upper Tas Valley parishes that our clergy, Dawn and Austin, now have additional responsibility for. It does mean that all parishes going forward have a Sunday with no service and we are encouraged to worship at one of the other churches in the benefice, see **tasvalley.org** for more details. A vision day for the new benefice is planned for March 2nd.

Thank you, too, to those who rallied to the call and donated winter coats for the 'Winter Coat Drive' in last month. These coats were offered at no charge to visitors to Village Café and Cherry Tree Café with the surplus donated to the Salvation Army. Thank you to all involved in co-ordinating this across the village.

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We are currently sorting out the Village Café rota for the rest of the year. If you wish to host, or would like to help an existing host, please get in touch by emailing kirstenremer@gmail.com. Several village organisations meet at Village Café and this year the Climate Care group joins them. It plans to meet monthly to raise awareness and share information about the climate crisis. NFaST are lined up for a few dates too and there is still an opportunity to buy the latest calendar £8 or 3 for £20 nfasthg@outlook.com

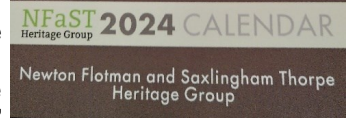
February 14th is Valentines Day. We know the tradition about sending cards and love tokens, but do you know the tradition of Father Valentine aka Jack Valentine? He's been a yearly 'visitor' to our house...the tradition seems to be unique to Norfolk but pops up in places where people from this area over the years have emigrated to. Do you have your own tales to tell about him, perhaps even a sighting? Contact Newton Flotman and Saxlingham Thorpe Heritage Group nfasthg@outlook.com

Find out more at <https://www.visitnorwich.co.uk/article/jack-valentine-the-norfolk-legend/>

Each year the Diocese ask us to pay towards the cost of the clergy and we are asked to pay £23,000 as a parish. With regular generous giving by the congregation we are able to pay part of this amounting to £14,625. We also have the (rising) running costs of the church and its maintenance to cover, and we need to replenish our reserves in this respect. We are very, very grateful for the donations we receive from Village Café, but we would really welcome some regular giving for the maintenance of the church so that we are secure in our financial planning for the future of your village church. **If you take advantage of the lit paths through the church yard to walk your dog, or use it as part of your running route, you value the church as a village asset – for those key yearly events and important life events, and as a welcome sight - a floodlit beacon on the road home.... then please consider regular giving....please see the details on page 4 for this.**



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NEWTON FLOTMAN OUTREACH POST OFFICE
WEDNESDAY MORNINGS 9.30am – 11.30am
(Newton Flotman church room)

Partnership Deadline

The next edition of Partnership will be for March 2024. Deadline will be 14th February 2024. Contributions by email to caroline@uv6.com or call **07855 838553**. The editor reserves the right to edit copy and print as space permits.

Newton Flotman Climate Care

After declaring a climate emergency St Mary's Church are setting up a local group called Newton Flotman Climate Care.

Our aim: To be a friendly, local group of people who care about climate change and want to do something about it.

We agree that:

- Much more needs to be done if we are to prevent damage to our environment.
- We recognise that some aspects of our lifestyles need to change
- AND our leaders need to take more urgent action at both local and national level

So we have the following objectives:

- To stay informed about climate change and what we can do.
- To talk to people we meet about climate change
- To encourage each other to adopt relevant lifestyle changes
- To campaign to encourage our leaders to take the necessary actions to preserve our planet.

Our first topic for the group has been about our diet. Eating less meat would be a win for the planet so we have been exchanging non meat recipes, thinking about vege mince instead of beef mince and wondering about meat free ready meals.

We are still working out how best to keep in touch with each other in the group; we have set up a WhatsApp group. It would be great if you could join us. Just message me or email and I will sign you up. We also have a Facebook page - Newton Flotman Climate Care.

So if you use Facebook just like or follow that page.

If email would suit you better please email me.

*Richard Beach 07963 006 091
Richard.beach1508@gmail.com*

Mobile Library for February

The mobile library will be visiting Newton Flotman and Swainsthorpe on Wednesday 28th February Please note times below. The library is a vital resource for those who do not have transport - please use it to ensure the is maintained!

Village	Stop Name	Arrival Time	Departure Time	Postcode
SWAINSTHORPE	THE CHURCH	09:50	10:05	NR14 8PN
NEWTON FLOTMAN	GROVE DALE	12:00	12:20	NR15 1QG
NEWTON FLOTMAN	JOY AVE	12:45	13:05	NR15 1RD
NEWTON FLOTMAN	SCHOOL ROAD	14:20	15:30	NR15 1PR

Articles Wanted for Partnership

Please send your contributions to the editor by email at: caroline@uv6.com

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Newton Flotman Neighbourhood Plan

The Newton Flotman Neighbourhood Plan is a planning policy document written by the community to guide future development in the area over the next 20 years.

A Steering Group of Parish Councillors and local residents are involved in listening to the community to form the content of the Neighbourhood Plan. Members include: Paul

Weeks (Chair), Martin Brooks (Vice chair), Ann Segens, Bob McKibbin, Drew Broad, Joel Fiddy, Sharon Poyer, and Carol Watson. Please contact Newton Flotman Parish Clerk if you would like to get involved.

The steering group held a one day workshop on 13th January where we drafted the following vision for the Neighbourhood Plan:

'Newton Flotman will remain a cohesive rural community with good infrastructure for all. New development will reflect current and future needs of the parish, be well designed, environmentally sustainable and sympathetic to the character of Newton Flotman. Our wildlife, green spaces and local heritage will be valued and protected.'

This month we are commissioning some research into the housing needs of the village and design codes for future development.

In February we will be undertaking a character appraisal of the village so you may see members of the steering group walking around the village to identify the character of sections of Newton Flotman.

How you can help

We need your input on the issues of concern to our village. We have an online map where you can drop a pin on a specific point in the village and tell us 'what you like', 'what you don't like' or 'something that we need to work on'. You can use your smart phone, tablet or computer, walking about the area or at home. www.placecheck.info/app/maps/nf

We will be sending out a detailed survey in the Spring - watch this space!

If you have any questions or comments please do not hesitate to contact me at paulweeksnfnpsg@gmail.com

For more information about the Neighbourhood Plan, please go to: www.newtonflotmanpc.co.uk/neighbourhoodplan

Paul Weeks

Crafting for a Cause

Crafting for a Cause meets on the first Wednesday of the month, 2pm to 4pm in Newton Flotman church room. Those attending bring and share skills which are put to use to raise money for all sorts of good causes. Our current cause is Priscilla Bacon Hospice in Norwich. The next meeting will be 7th February.



If you would like to be involved, contact Vicky (01508 471506) or Hilary (07806 762296) for more information. All are welcome.

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We are into 2024! And experiencing a cold winter. Wrap up warm, stay active and stay safe from the numerous viruses that are characteristic of the time of year. The pandemic finally ended and we remember with sadness those that lost their lives to COVID19.

In this first article of the year, I want to discuss one of our important patient reviews. This is the Cancer Care review appointment that we offer our patients with cancer ideally within three months of the initial diagnosis. This is one of our patient objectives recommended by the quality and outcome framework. However, I see this appointment as crucial whether face to face or as a telephone appointment and many of my GP colleagues will agree with me. In the early months after a diagnosis of cancer, patients are looked after in every way by the hospital teams and as a GP, I have a very limited role. The Cancer Care review appointment gives us the opportunity to talk to a patient going through a very difficult phase in his/her life.

The Macmillan Cancer support website defines clearly a Cancer Care review: A Cancer Care Review (CCR) is a conversation between a patient and a Health or Social Care professional about their experience with cancer. It is essential to personalised care and helps patients to:

- talk about their cancer experience and concerns
- understand what support is available in their community
- receive the information they need to begin supported self-management.

My request is that if you have not had a call from your GP in those early months, it might be due to delay in paperwork and the associated logistics. Please do not hesitate to ring Reception and request an appointment with your GP or a clinician. We understand the sensitivity and emotional turmoil that can accompany such a diagnosis and it is important to remember that your GP practice can support, and sign post you to appropriate services.

Dr Mini Nelson

News from Newton Flotman Parish Council

Meetings: The Parish Council meets every month (except August and December) on a Tuesday evening, usually in the Village Centre, at 7.30pm. Agendas are posted on the parish council noticeboard on Lime Bank and the website at least three days beforehand.

Public are welcome to attend all Parish Council meetings; there's an opportunity to speak and ask questions.

Please note, if you would like an item to appear on the agenda, details must be sent to the Clerk at least eight days before the meeting. The Council is unable to make a decision on anything not included on the agenda but can discuss newly raised matters and refer them to the next meeting.

Minutes of meetings are posted on the website and are available from the Clerk but remain in draft form until they are agreed at the next meeting....*cont.*



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FREE QUOTES

Meeting dates for 2024:

- Tuesday 30th January, 7:30pm, Village Centre
- Tuesday 27th February, 7:30pm, Village Centre
- Tuesday 26th March, 7:30pm, Village Centre
- Tuesday 30th April including Annual Parish Meeting, 7:30pm, Village Centre
- Tuesday 21st May – Annual Parish Council Meeting, 7:30pm, **Church Room**
- Tuesday 25th June, 7:30pm, Village Centre
- Tuesday 16th July, 7:30pm, **Church Room**
- August – no meeting
- Tuesday 24th September, 7:30pm, Village Centre
- Tuesday 22nd October, 7:30pm, Village Centre
- Tuesday 26th November 7:30pm, Village Centre
- December – no meeting

Minutes of all meetings are posted on the Parish Council website - www.newtonflotmanpc.co.uk/agendas-and-minutes

Newton Flotman Parish Council is on Facebook. Follow the Parish Council at www.facebook.com/NewtonFlotmanPC

Contacting the Council

clerk@newtonflotmanpc.co.uk | 01508 447688
Maria Hutson, Clerk to the Parish Council

Jumble Sale
at
St Peter's Church/Community Hub Swainsthorpe
Saturday 2nd March 2024
10:30am ~ 12:30pm
Entry 50p

Refreshments available

Please leave any jumble in the church porch or contact 07443597422 for items to be collected.

All proceeds go towards the 'Bell Fun'...

International Women's Day
Saturday 9th March
1pm - 4.30pm
Swainsthorpe Community Centre
St Peters Church, NR14 8PH

Fabulously inspiring women speakers

SWISH AREA TO BRING AND SWAP CLOTHES

Tickets £5.00
Make an ideal Christmas present
For tickets email: swainsthorpefigs@gmail.com

Swainsthorpe Community Charity Trust – Charity Number 287784

What's On In Our Villages:

Social Club - Newton Flotman Village Centre

Social Club Night - Friday 2nd February
Pancake Evening - Tuesday 13th February
Pancake van available from 5.30 pm

Race Night Friday February 23rd - Bar open from 6pm.
Easter Fair – Saturday 23rd March, 10-2pm

Youth Club - NF Village Centre

For 8 -16 year olds
September Wednesdays 6-8 pm

Stay & Play - NF Village Centre

For parents/carers and preschool children
Tuesdays, 9:30am to 11am - Newton Flotman Village Centre

Cherry Tree Café

Wednesdays, 9am to 12 midday - Newton Flotman Village Centre

Film Night - Newton Flotman Village Centre

Tuesday 20th February - The Great Escaper
Bar open from 7pm; Film starts at 7.30pm

Outreach Post Office - Newton Flotman Church Room

Wednesdays 9.30 - 11.30am

Village Café - Newton Flotman Church Room

Saturdays 10am - midday

Crafting for a Cause

1st Weds of the month, 2 - 4pm, Newton Flotman Church Room

Village Walks

For more details contact Richard Beach 07963006091.


Meetings

Newton Flotman Parish Council
27th February, 7:30pm - Village Centre
Swainsthorpe Parish Council

14th February 7.30pm - St Peter's Community Centre.

To book Newton Flotman Village Centre contact Vicky Ball 01508 471506
To book the Community Centre St Peter's Swainsthorpe
contact Jackie Baker 01508 470415

To book the church room Newton Flotman contact
Caroline Wolfe 01508 471238

Keeping the villages in touch:  Visit us on Facebook

www.facebook.com/newtonflotmanvillage/

Swainsthorpe's private group for residents:

<https://www.facebook.com/groups/151438831588930>

TUESDAY 20th February
BAR OPEN 7PM, FILM STARTS 7:30PM




THE GREAT ESCAPER

In the summer of 2014,
a World War II veteran
sneaks out of his care
home to attend the
70th anniversary
commemoration of the
D-Day landings in
Normandy.
Cert. 12

Advance Tickets: £5.00

Call or email William Ball to book your tickets on
01508 471506 or william.ball@outlook.com





Advanced Notice
**Newton Flotman Village Centre and
Alan King Playing Field
Annual General Meeting**
Tuesday April 9th 2024 7.30pm
at the Village Centre
More details next month



VILLAGE CAFE

Open 10-12 Saturdays
Newton Flotman Church Room



Serving hot & cold drinks and Homemade cakes
All welcome!

Free Ads

YAMAHA F310 Acoustic Guitar with case, assorted plectrums and 3
beginners books Price £50 Contact 01508 470766